

# Delicious in the Cup "SALADA"

TEA

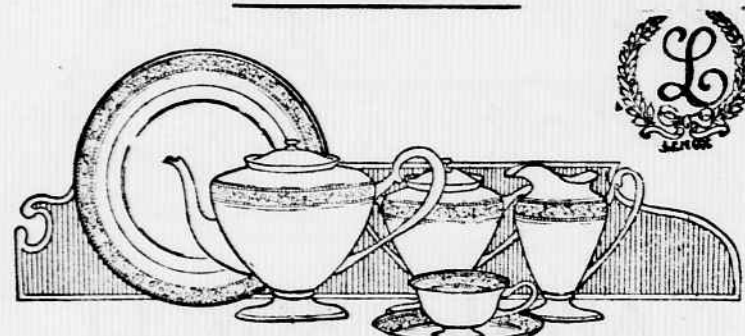
is equalled by no other tea on  
sale for quality and flavor

Send a postal card and your grocer's name and address for a free sample  
to Salada Tea Company, Boston, Mass.

## Dulin & Martin Co.

1215 F ST. and 1212 to 1218 G ST.

Store Hours, 8:45 to 5:30



LENOX CHINA

This design is one of  
the variety of the  
distinctive products of  
Lenox we display in  
our establishment.

Exclusive local distributors  
of Lenox china



## Danderine is "Beauty-Tonic"

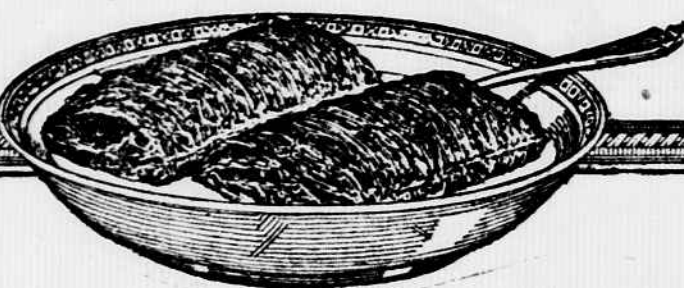
Immediately after a "Danderine" massage, your hair takes on new life, luster and wondrous beauty, appearing twice as heavy and plentiful, because each hair seems to fluff and thicken. Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong hair, glistening with beauty.

A 35-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimulating "beauty-tonic" gives thin, dull, fading hair that youthful brightness and abundant thickness. All drug counters sell "Danderine."

## A SOLEMN REFERENDUM

If we took a nation-wide referendum on the question "what is the cleanest, most nutritious breakfast cereal in the world, there is no doubt that the verdict would be in favor of Shredded Wheat Biscuit. It is something more than a breakfast cereal. It is a substitute for meat, eggs and potatoes for any meal, much more nutritious and costs much less.

Two Biscuits with hot milk make a warm, nourishing meal at a cost of a few cents—the most real food for the least money.



## ORNAMENTAL COAT FOR SPRING.

BY ANNE RITTENHOUSE.

Two things seem to be decided for spring: One is the short coat that forms a suit; the other is the loose wrap used for one-piece frocks.

We will not abandon the cape for spring, but we will reinstate the hip-



ONE-PIECE FROCK OF BLUE TWILL WITH LOOSE COAT IN BLUE AND GRAY STRIP WITH SERVE FOR OTHER COLORS. THE SLEEVES AND COLLAR ARE USUALLY MADE OF GRAY FAIRLE.

length box coat. The latter is a diversion in order to persuade women to revive the fashion of the tailored skirt and jacket for the day hours; the continuance of the cape is an agreement between the public and the dressmakers not to discard the most comfortable covering.

Paris has been loyal to the cape for two years. It was worn by smart women during the war and the public followed suit as soon as the armistice was declared. The reason for the cape was a bit pathetic. It was used as a shield for frocks that had seen good service and could not be replaced because of lack of money.

And the feeling of the French that no woman should indulge in the extravagance of new clothes when bandages were needed for wounds. America, he it said to her everlasting credit—and it should be said constantly and with vigor in the ears of the English and French—took the same attitude.

France was cold and France was poor and the cape came back into fashion to fill its century-old mission. It is the earliest of all garments to form a covering for man and it was quickly adopted in the early centuries as a covering for women. Women, you know, had very little invented for them in apparel. They merely took the left-overs from men.

The cape became a fashionable garment after France ceased to be cold and poor. It was the reason for the disuse of the tailored suit. It is strange that Paris held on to the severe coat and skirt after America had abandoned it; but Paris was copying the English and the English were inspired most of her fashions during the war when clothes were not typically French.

We are concerned, however, with America and her preferences. The women in this country turned a cold shoulder to the masculine suit. Maybe the abandonment of it was a phase; if so, it has lasted a long time. The effort to reinstate the suit through the introduction of a circular skirt and an ornamental box coat is to be the determined work of the dressmakers both here and in France. The circular skirt was introduced in December, 1918, and the full gathered skirt which France had thrown like a bomb shell into the field of apparel.

The very fact that the manufacturers were putting out such clothes as a bait to those who wanted a change is good evidence that the fashion will succeed in the spring. It may be that women will adopt the box coat for the street and hedge a bit of the circular skirt, but it will not be long before they accept both. The short, narrow skirt is doomed.

Next in importance to the box coat and the oriental cape is the new kind of coat worn over a one-piece frock or a separate skirt with thin over-blouses. It is a compromise between a Russian coat and a cape. The sketch shows one. It is built of blue twill. There is a one-piece frock finished with yoke and sleeves of gray serge. The coat, which is the significant part of the costume, is intended to serve for all other costumes as a substitute for a cape, on the figures of those to whom capes are an abomination.

This coat is loose, the sleeves importantly large, with picture cuffs of gray faille. The large collar is also of the corded silk. There is a thick serge cord at the waist to keep the coat from being a cape.

At last, after ever so long, Peter heard the sharp voice of Chatterer the Red Squirrel so far away that it was very faint. Whitey heard it, too. Once more he looked all around. Then he spread his broad white wings, and without a sound flew off in the direction in which he had heard Chatterer's sharp voice. Not until he was out of sight did Peter breathe as freely and easily as he had when he was in the house. He waited a few minutes, then hurried over to that little thicket of crowded hemlock trees to tell Jumper how glad he was that he had escaped.

(Copyright, 1921, by T. W. Burgess.)

## LITTLE STORIES For BEDTIME

Peter Breathes Freely at Last.

BY THORNTON W. BURGESS.

There's always cause in every day For thankfulness, I'm free to say— Peter Rabbit.

Peter is quite right. And it is just as true of everybody else as of Peter. No matter how bad things seem, and possibly are, there is always something to be thankful for if you only look for it. All the little people of the Green Forest and the Green Meadows know this. That is why, no matter what dangers they meet or what hard times they have, they are so soon happy again and appear to forget the troubles they have been through. They don't really forget. In every trouble there is a lesson. These little people remember the lesson for future use, and then think no more about the trouble or danger.

When Peter saw that Whitey the Snowy Owl had missed in that last swift swoop at Jumper the Hare and that Jumper was safe in that little thicket of crowded young hemlock trees, it took a load from Peter's heart. He knew that Whitey couldn't get at Jumper there, and he knew that Jumper would be wise enough to stay right there the rest of the day, if necessary. So once more Peter began to breathe more easily.

But for time he didn't breathe as easily as he would have liked to. You see, now that Jumper was safe, Peter began to think of himself. He had no white coat to match the snow as his cousin Jumper had. His coat was brownish gray, so that when he moved he could be seen from a long distance by watchful eyes. And Whitey was still altogether too near for real comfort.

Whitey was sitting on top of a stump on the very edge of the thicket in which Jumper the Hare was hiding. Peter could see just how he looked. He was dressed almost wholly in white, and Peter noticed that his legs were feathered and his feet also were covered with feathers, out of which peeped the cruel-looking black claws.



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"It must be," thought Peter, "that his legs and feet are covered with feathers to keep them warm in that terribly cold land he comes from." And this guess of Peter was a very good one.

To the Public and Consumers of

## "JOS. PHILLIPS ORIGINAL ALL PORK SAUSAGE"

The foundation of the formula used in the manufacture of "Jos. Phillips Original All-Pork Sausage" was originated in 1859 by Thos. W. Phillips. From the time of the Civil War until 1885 the business was carried on by Thos. W. Phillips and the undersigned, Jos. Phillips, his son, under the firm name of Thos. W. Phillips & Son. In 1885 Thos. W. Phillips retired from the business and left its entire management to the present Jos. Phillips.

On the death of Thos. W. Phillips in 1892, the undersigned, Jos. Phillips, became the sole owner of the establishment and business formerly conducted under the firm name of Thos. W. Phillips & Son. The formula originated by his father was improved upon from time to time by Jos. Phillips until he perfected the present "Jos. Phillips Original All-Pork Sausage," now famous for its original and savory flavor.

This formula is now compounded only for the use of the Manufacturers of the "Jos. Phillips Original All-Pork Sausage," the present output of "Jos. Phillips Original All-Pork Sausage," being manufactured under the instruction of Jos. Phillips, the only son of Thos. W. Phillips.

The above statement of facts I wish all my friends and the public to know at the present time.

Signed

Jos' Phillips

If you want the best, ask for

JOS. PHILLIPS ORIGINAL All-Pork Sausage

## Free to Women

We supply aluminum dessert molds in many styles to users of Jiffy-Jell. Also aluminum measuring cups. Also silver dessert spoons in exquisite styles.

Write for our catalog of gifts. See which you want.

Jiffy-Jell is the quality dessert. It is the only dessert with the real fruit flavors in bottles. Each is a condensed fruit juice in liquid form, in glass.

Jiffy Dessert Co., Waukegan, Wis.

## Jiffy-Jell

Now at pre-war price. As low as it ever sold. At all grocers

## Things You'll Like to Make.

### Many-in-One Frock



Economy is a good habit these days. This many-in-one frock will enable you to economize on frocks. Make a simple one-piece frock opening down the front of the bodice. At each side of the neck opening make two buttonholes. With many styles of vestees you can have a frock that will be modish and serviceable for most any occasion. Just choose the correct vestee or collar, and button it into place in your many-in-one frock.

(Copyright, 1921.)

## HOME ECONOMICS.

BY MRS. ELIZABETH KENT.

### Oranges.



Of a good average orange, 85 per cent is water, 11 per cent is protein, 3.3 per cent is citric acid and about 10 per cent is sugar. Then it contains besides the essential volatile oil which gives it the characteristic taste, and certain other compounds. Certain varieties contain more sulphur and iron than are usually found in fruit, probably because of soil conditions.

The sugar in oranges is the best there is for human consumption and should not be spoiled by the use of cane or beet sugar with it. If you possibly can, buy sweet, juicy oranges, and teach the children to love them without sugar. Fruit sugar is two and a half times sweeter than ordinary granulated sugar, and far more digestible.

Citric acid is of value as an aid to digestion, very important in constipation and in all skin diseases. The organic salts in oranges, so difficult of analysis, are nevertheless probably the most important part. Small as they are in bulk, we are coming to realize that for good health we must have a plentiful supply of them all the time, and can get them best from fruits and vegetables eaten

fresh and raw. In winter oranges, costly as they are, should be included in the diet of children, unless raw apples are available. Strained orange juice without sugar may be given to babies and invalids, and is better than medicine as an aid to digestion. Oranges should be ripe, but firm. They are best served when they are

cut in half, and prepared by running a sharp paring knife around each portion of pulp, loosening it from the rind and tough division fibers. A very good ice cream may be made of one cup of rich cream, one of thin cream, two of orange juice, with sugar to taste. Freeze and serve with orange marmalade.

(Copyright, 1921.)

Wash and peel some fine-grained turnips, then cut them into balls, using a vegetable scoop for the purpose. Drop the balls into boiling water, lightly salted, adding about a very little sugar and cook until tender, but not broken. Drain, cover with butter or cream sauce, sprinkle lightly with minced parsley and serve very hot.

## How to Know Good Muslin

If you could look at muslin through a microscope, as a scientist would, you could judge the quality almost at a glance.

Coarsely woven muslin is often filled with chalk to make it appear fine and smooth when new. It looks better than it really is, because of this adulteration. But after it is laundered it looks as thin as cheesecloth, because the chalk washes out.

Sometimes the chalk is added so cunningly that washing is the only test.

At other times it is done so crudely that you can make this simple test at the counter: Rump the muslin briskly between your fingers—the fine white powder will fall out.

Try any test with Fruit of the Loom. You can see for yourself that it is muslin of high quality. For it is all cotton. No chalk is used.



## Fruit of the Loom Muslin

After repeated washings, Fruit of the Loom always keeps its fine, smooth texture and firm body.

Women find it economical to buy Fruit of the Loom by the bolt. It cuts to better advantage; and more, it won't turn yellow no matter how long it is kept on hand.

Be sure you are getting Fruit of the Loom. Look for the Fruit of the Loom label—picture of fruit in colors.

Every good store carries it.

Made by B. B. &amp; R. KNIGHT, INC.



Reg. U. S. Pat. Off.

## ONE POUND FREE

We Pay Your Grocer

## 30 Years to Learn How

The churning of margarin from nuts and fat-free milk requires highest skill and long experience which can best be gained by making creamery butter. The process is practically the same, with nut fat replacing butter fat. Flavor comes from the same source—from scientifically "ripened" milk.

Thus the man who has learned how to make the sweetest creamery butter, knows how to put the same sweetness into nut butter. This man is A. E. Hoffman, a butter expert with 30 years' experience, who supervises the production of every pound of Troco Nut Butter.

We have built Mr. Hoffman a new plant of white tile and concrete, the last word in modern food plant construction. All the elaborate equipment required by modern food experts is at his command. Every sanitary condition is perfect.

Churned from coconuts and fat-free milk

Mr. Hoffman makes Troco Nut Butter from snowy fat, extracted from the white meat of coconuts. This is churned with twice pasteurized, fat-free milk.

This pure nut fat is as nutritious as butter fat. It is highly nutritive—very digestible and easily assimilated. When considering food value, remember that healthy tropic races live on coconuts.

Mr. Hoffman develops the same flavor in Troco Nut Butter which made his butter so famous. This flavor delights and surprises every new user, as your trial pound will prove.

The principal difference is 15 to 40 cents a pound

The principal difference between Troco Nut Butter and the finest creamery butter is 15 to 40 cents a pound. Flavor and food value are the same. But you don't have to skimp and save because of the high price.

Fats are essential foods necessary to health, as war times proved in foreign countries. You get this health fat in its easily digested and assimilated form when you eat Troco Nut Butter.

Instead of wondering if what we say here can be true, just mail in the coupon for the trial order. We will mail you an order good for one pound.

TROCO NUT BUTTER COMPANY, Chicago

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## Successor to Butter

### Read Carefully

Mail this coupon to the Troco Nut Butter Co. Don't take it to your grocer. We will send you an order good on any dealer for a pound of Troco. He will bill it to us. Accept this free offer and learn how sweet Troco is and how well you will like it. Then you will always use it. Only one pound to a family.

## Mail This Coupon

To the Troco Nut Butter Co. Don't take it to your grocer



TROCO NUT BUTTER CO.  
37th and Iron Sts., Chicago.

Mail me an order on my grocer for a free pound of Troco.

City \_\_\_\_\_ State, Washington, D. C.